# The Kaiser Permanente dental difference

For 50 years, Kaiser Permanente Northwest has been helping our members thrive with healthy smiles and dental care that connects seamlessly to their medical plans. Your oral health – the health of your teeth and gums – affects your overall health, medical costs, and quality of life. That's why prevention is at the core of our philosophy and why our medical and dental teams work together to help protect the total health of our members.

Taking care of your dental health can help decrease the risk of serious medical issues, such as:

- Heart disease
- Diabetes
- Arthritis
- Certain types of cancers
- Pregnancy and birth complications
- And more

Shared health records mean our dentists see when members are due for medical screenings and can even help schedule their appointments right away, which can lead to early detection if there is a problem. Plus, members with both Kaiser Permanente medical and dental plans can save a trip by taking care of minor medical needs, like flu shots or vaccinations, during their dental appointment.\*

#### Choice

Our Oregon and Southwest Washington dental group has more than 160 general and pediatric dentists, orthodontists, periodontists, oral surgeons, endodontists, and prosthodontists, who all work together for your care.

#### Convenience

We have 21 dental offices in the Portland metro area, Southwest Washington, Longview, Salem, and Eugene, so there's sure to be one near you. You can also save time by getting answers or advice for nonurgent dental questions virtually, by phone or email.

#### Quality

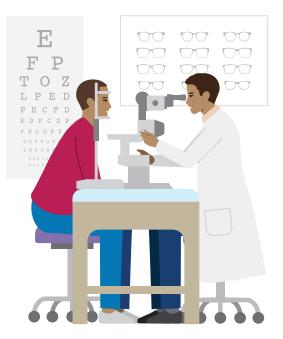
Our dental professionals exceed national standards. Since 1990, we've received accreditation from the Accreditation Association for Ambulatory Health Care (AAAHC). Right now, we're the only dental practice in the Pacific Northwest with AAAHC accreditation.<sup>†</sup>

Visit **kp.org/dental** to learn more.

## **Vision Essentials**

We offer eye care services to help keep your world in focus. Plus, when you're a Kaiser Foundation Health Plan of the Northwest member, your eye health information becomes part of your overall medical record, giving your care team a complete picture of your health.

Adult vision exams are included in our Gold plans (except Oregon Standard), KP OR Silver 750, KP OR Silver 3000 X, and the KP OR Silver 3000 plan. CSR plans for plans listed above have adult vision exams included. All plans include medically necessary eye exams, pediatric vision exams for children 18 and younger, as well as glasses or contact lenses for children, usually at no additional cost.<sup>‡</sup>



For more information, including our 8 optical locations, visit **kp2020.org**.

\* Medical services are available at select dental locations. You must be a Kaiser Permanente medical member to get medical care.

<sup>†</sup> Source: https://eweb.aaahc.org/eweb/dynamicpage.aspx?site=aaahc\_site&webcode=find\_orgs

<sup>‡</sup> Vision hardware must be prescribed and purchased at a Kaiser Permanente Optical Center, and there is no additional charge when selected from a list of standard frames.

### **Dental Plans**

	KP OR Family Dental - \$1000/\$50 Ded		KP OR Family Dental - \$1000		KP OR Family Dental - \$100 Ded			
	Child (18 or younger)	Adult (19 or older)	Child (18 or younger)	Adult (19 or older)	Child (18 or younger)	Adult (19 or older)		
Features								
Benefit maximum	Does not apply	\$1,000	Does not apply	\$1,000	Does not apply	No maximum		
Out-of-pocket maximum (individual/family)	\$425/\$850	Does not apply	\$425/\$850	Does not apply	\$425/\$850	Does not apply		
Deductible (individual/family)	\$50/\$150	\$50/\$150	\$0	\$0	\$100/\$300	\$100/\$300		
Benefits (subject to deductible unless otherwise noted)								
Preventive and diagnostic services	0% (not subject to deductible)		20% coinsurance (not subject to deductible)		20% coinsurance (not subject to deductible)			
Basic restorative services	20% coinsurance		75% coinsurance		50% coinsurance			
Oral surgery, endodontics, and periodontics	20% coinsurance		75% coinsurance		50% coinsurance			
Major restorative services	50% coinsurance		75% coinsurance		50% coinsurance			

Monthly rates							
Age on 2025 effective date	KP OR Family Dental - \$1000/\$50 Ded	KP OR Family Dental - \$1000	KP OR Family Dental - \$100 Ded				
<19	\$37.44	\$23.89	\$28.36				
19–29	39.62	27.07	35.23				
30-34	41.88	28.62	37.25				
35-39	43.71	29.87	38.88				
40-44	48.30	33.00	42.95				
45-49	53.69	36.68	47.75				
50-54	57.67	39.40	51.29				
55-59	62.55	42.73	55.63				
60+	64.36	43.97	57.24				

To calculate the rate of your dental plan for you and your entire family, add the rate for each family member based on their age. For children who are under 21 and covered under the same dental plan, include a rate for no more than the 3 oldest children.

**Note:** All family members must enroll in a pediatric dental plan unless you confirm on your application that you and your family members are enrolled in another Oregon Health Insurance Marketplace-certified pediatric dental plan.

This brochure provides summaries of various plans and is not a contract. Dental plan details are provided in your *Evidence of Coverage*. For specific plan information about dental plans, see the following forms: *EOIDFAMILYDNT0125*, *EOIDDEDFAMILYDNT0125-Evidence of Coverage*; *BOIDFAMILYDNT0125*, *BOIDDEDFAMILYDNT0125-Benefit Summaries*; *FSOIDFAMILYDNT0125-Face Sheet*.